

Apollo Laser Dosage Chart: Time & Joules

<u>Probe Output</u>	<u>3,000 mW</u>		<u>2,000 mW</u>		<u>500 mW</u>	
<u>Minutes</u>	<u>Joules</u>	<u>Joules/cm²</u>	<u>Joules</u>	<u>Joules/cm²</u>	<u>Joules</u>	<u>Joules/cm²</u>
1	180 Joules	72 J/cm ²	120 Joules	48 J/cm ²	30 Joules	167 J/cm ²
2	360 Joules	144 J/cm ²	240 Joules	96 J/cm ²	60 Joules	334 J/cm ²
3	540 Joules	216 J/cm ²	360 Joules	144 J/cm ²	90 Joules	501 J/cm ²
4	720 Joules	288 J/cm ²	480 Joules	192 J/cm ²	120 Joules	668 J/cm ²
5	900 Joules	360 J/cm ²	600 Joules	240 J/cm ²	150 Joules	835 J/cm ²
6	1080 Joules	432 J/cm ²	720 Joules	288 J/cm ²	180 Joules	1002 J/cm ²
7	1260 Joules	504 J/cm ²	840 Joules	336 J/cm ²	210 Joules	1169 J/cm ²
8	1440 Joules	576 J/cm ²	960 Joules	384 J/cm ²	240 Joules	1336 J/cm ²

Please Note:

Higher doses are more analgesic, lower doses more healing
 Joules are proportional to treatment times.